POCKET GUIDE 02

AI tools worth trying.

Start with the job you want help with. Choose one tool, try one small task, and see whether it makes your day easier.

01 / Anchor | a more manageable job search

Our featured Ideal Minds tool. Save and track jobs, tailor your resume, and practice interviews. Designed with neurodivergent users in mind, with accessibility preferences and a clear next step. A paid subscription includes live group coaching; check the site for current details.

Explore Anchor - idealmindsanchor.com

02 / Ideal Minds | everyday mini-tools

Our own collection of focused tools for everyday friction. Choose the support you need; these tools do not all require AI.

Step Quest - Break a task into steps you can act on.

One Thing Today - Clear your head and choose one priority.

Quest Board - Build a flexible week around your energy.

Focus Reset - Pair a focus sprint with a recovery break.

Victory Jar - Keep a visible record of your wins.

Explore the Ideal Minds mini-tool collection

Then choose an everyday AI assistant

ChatGPT: try a mixed task involving planning, research, files, or a finished document.
Claude: try an extended writing task or an editable document or interactive artifact.
Gemini: try a workflow involving supported Google apps or research.
Grok: try exploring current web and public X discussion, then check the original sources.

These are starting suggestions, not a universal ranking. All four overlap in writing, explanation, and brainstorming. Features depend on your plan, region, settings, and connected accounts.

Which assistant fits this task?

You do not need all four. Try the same small task in one or two, then choose the answer and workflow you find easiest to use.

ChatGPT

Broad research and file-based workflows; can create documents, spreadsheets, and presentations. Try: Turn these notes into a short plan and a checklist.

Official feature reference

Claude

Projects organize context; Artifacts provide a separate space for reusable content and interactive work. Try: Rewrite this guide in plain language and make it easier to scan.

Official feature reference

Gemini

Research, multimodal conversation, and connections with supported Google services. Try: Help me work with information from the Google apps I choose to connect.

Official feature reference

Grok

Web and public X search alongside general conversation and content creation. Try: Summarize this current discussion and link the original sources.

Official feature reference

Choose your settings deliberately. Connecting an account gives the service access according to the permissions you approve. Avoid unnecessary sensitive details, verify sources, and review generated work. Search access does not guarantee an accurate answer.

Anchor: product and current subscription information

Ideal Minds: everyday mini-tool collection

From asking to delegating.

An agent can use tools, work through several steps, and check results toward a goal. Some chat assistants also offer agent modes; the difference is what you enable and ask them to do.

Codex | build and improve software

OpenAI's coding agent can inspect a project, edit files, and run development tools. A useful starting point for creating a small website, improving an app, or fixing a bug.

Try: Build a simple weekly planner. Test adding and completing a task, then show me what changed.

Official guide: capabilities and getting started

Claude Code | work across a codebase

Anthropic's coding agent can read project files, make edits, run commands, and work with development tools. Its purpose overlaps with Codex; compare them on a small project you understand.

Try: Add a quiet mode to my app, check that it works, and explain how to use it.

Official guide: capabilities and getting started

Grok Bot | delegate work across apps

Bots work on persistent cloud computers with a browser, files, and a terminal. They can carry out multi-step work in tools you connect and retain context between tasks. This is distinct from an ordinary Grok chat.

Try: Gather my approved event materials into a resource pack and draft a follow-up for my review.

Official guide: capabilities and getting started

Give an agent a clear finish line

State the result, the files or apps it may use, the checks to run, and where to stop for your review. Start with a small, reversible task. Review changes and connected permissions; pricing and availability depend on your plan.

Example boundary: Work only in this project. Show me the result and what you checked. Ask before sending messages, spending money, deleting files, or publishing.